



ALL RULES PER USVBA/NIRSA VOLLEYBALL – C6 RULES

I. GAME RULES :

Players - Teams can play with six (6) players or five (5) players on the court at all times. If a team has only 5 players, they must designate an open spot in their rotation, when the designated open spot comes to the server position, a side-out will be awarded, 1 point will be scored to the opposing team. Females can play in the women's and co-rec leagues. Men can play in men's and co-rec leagues. A female cannot play in the men's league, and a male cannot play in the women's league.

Co-Rec teams must always maintain the following ratio - 3M, 3F = 6 or 2M, 3F = 5

Substitutions - Unlimited number of substitutions, however subs must replace server only. Exception would be for injury reasons.

Match Length/Scoring

- Best 2 out of 3 games.
- Non-deciding games up to 25 with "rally" scoring- point on every serve. Team winning point serves next point.
- Deciding game up to 15 with "rally" scoring.
- Each game must be decided 2-point advantage, with no-cap.

Timeouts - One timeout per team per entire match. Timeout will be two (2) minutes in length.

Starting Play - Coin toss determines first serve/side of court. Winner has option. Each option is alternated in each succeeding game.

Officials - Game officials calls are final. One game official may also act as official scorekeeper.

Serves - May be over-hand or under-hand. Server must start serve with both feet behind end line.

Center Line - A player's foot may touch the centerline as long as the entire foot does not cross-over into the other court.

Above the Net - Players may reach over the net only in an attempt to block.

Hitting the net during such a process is prohibited. A block does not constitute a hit.

Obstructions - Will be discussed with officials prior to the match.

Net - **The height of the net shall be determined by the tournament host and be consistent for each division.**

SPECTATOR RULE:

Team bench areas will be designated; this area for official team members only (those whose name appear on approved City 6 roster); All others must sit/stand in designated spectator areas.

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